## Patient Tray Quality Assurance Temperature Report

## Summary:

The purpose of this report is to assure the highest quality and safety of our food by selecting random tray samples during breakfast for temperature inspection specifically at the time of delivery. Food quality is determined not only by ingredients and physical appearance to the customer, but is delivered within an acceptable temperature range for optimal customer satisfaction and acceptable food safety standards.

## Methods:

On five separate occasions, a patient tray was randomly sampled from a delivery cart during the breakfast period immediately prior to delivery. All food items on the tray were tested for appropriate temperatures using a probe thermometer and recorded with the exception of safety sealed items. Temperature was taken with a probe thermometer and inserted approximately into the middle of the food item. The probe was left in at least 30 seconds or until the indicator stopped moving.

## Results:

The results showed that out of the items sampled ( $\mathrm{n}=18$ ), $22 \%$ did not meet the temperature requirements.

Sample Tray \#1:

## Entrée

Oatmeal
Juice/Supplement

Sample Tray \#:
All temperatures met
Sample Tray \#3:
Eggs, Scrambled

Sample Tray \#4:
All temperatures met
Sample Tray \#5:
All temperatures met

## Conclusion:

Although most trays met the temperature requirements, the first random tray sample had several items that were below the correct temperature. There are a variety of variables that could have played a role in this outcome including time food was dished, time food was placed on tray, how long the tray sat before being delivered, and how long delivery actually took. The items that appear to lose heat the quickest are scrambled eggs and oatmeal. This could be due to the evaporative nature of the scrambled eggs and how long they are sitting under heat lamps before delivery. The temperature of the oatmeal may be due to the bowls the oatmeal is placed in. Since the bowls are not heated, they may not be holding heat as effectively as the heated entrée holders. It is also observed that most oatmeal is dished for the tray before the entrée is even prepared. Overall, the food appearance was recorded as satisfactory and there were no missing items on any of the trays upon delivery.

## Quality Assurance Temperature Check



| Starch | 180/150 | 2 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Vegetable | 155/140 | 2 |  |  |  |
| Gravy | 170/140 | 2 |  |  |  |
| Eggs,Scrambled | >155 | 2 |  |  |  |
| Potatoes | 160/150 | 2 |  |  |  |
| Cream Soups | 200/155 | 2 |  |  |  |
| Broth Soups | 180/155 | 2 |  |  |  |
| Strained Soups | 180/155 | 2 |  |  |  |
| Oatmeal | 180/150 | 2 |  |  |  |
| Cream of Wheat | 180/150 | 2 | $\begin{aligned} & 18- \\ & \text { Sep } \end{aligned}$ | 155.8 | Yes |
| Coffee | 185/160 | 2 |  |  |  |
| Hot Water | 190/160 | 2 |  |  |  |
| Broth | 185/150 | 2 |  |  |  |
| Salad | 40/45 | 2 |  |  |  |
| Sandwich | 39/44 | 2 |  |  |  |
| Salad Dressing | ..... | 2 |  |  |  |
| Canned Fruit/Apple Sauce | 40/45 | 2 |  |  |  |
| Pudding/Custard/Jell-O | 40/45 | 2 |  |  |  |
| Yogurt | 40/45 | 2 |  |  |  |
| Juices/Supplement | 32/35 | 2 |  |  |  |
| Ice Tea | 32/38 | 2 |  |  |  |
| Milk | 32/38 | 2 |  |  |  |
| Frozen Dessert | 2/9 | 2 |  |  |  |
| Entrée | 165/150 | 3 |  |  |  |
| Starch | 180/150 | 3 |  |  |  |
| Vegetable | 155/140 | 3 |  |  |  |
| Gravy | 170/140 | 3 |  |  |  |
| Eggs,Scrambled | >155 | 3 | $\begin{aligned} & 19- \\ & \text { Sep } \end{aligned}$ | 144 | No |
| Potatoes | 160/150 | 3 |  |  |  |
| Cream Soups | 200/155 | 3 |  |  |  |
| Broth Soups | 180/155 | 3 |  |  |  |
| Strained Soups | 180/155 | 3 |  |  |  |
| Oatmeal | 180/150 | 3 |  |  |  |
| Cream of Wheat | 180/150 | 3 |  |  |  |
| Coffee | 185/160 | 3 |  |  |  |
| Hot Water | 190/160 | 3 |  |  |  |
| Broth | 185/150 | 3 | $\begin{aligned} & 19- \\ & \text { Sep } \end{aligned}$ | 186.9 | Yes |


| Salad | 40/45 | 3 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Sandwich | 39/44 | 3 |  |  |  |
| Salad Dressing | ..... | 3 |  |  |  |
| Canned Fruit/Apple Sauce | 40/45 | 3 |  |  |  |
| Pudding/Custard/Jell-O | 40/45 | 3 |  |  |  |
| Yogurt | 40/45 | 3 |  |  |  |
| Juices/Supplement | 32/35 | 3 |  |  |  |
| Ice Tea | 32/38 | 3 |  |  |  |
| Milk | 32/38 | 3 |  |  |  |
| Frozen Dessert | 2/9 | 3 | $\begin{aligned} & 19- \\ & \text { Sep } \end{aligned}$ | 8 | Yes |
|  |  |  |  |  |  |
|  |  |  | 20- |  |  |
| Entrée | 165/150 | 4 | Sep | 156 | Yes |
| Starch | 180/150 | 4 |  |  |  |
| Vegetable | 155/140 | 4 |  |  |  |
| Gravy | 170/140 | 4 |  |  |  |
| Eggs,Scrambled | >155 | 4 |  |  |  |
| Potatoes | 160/150 | 4 |  |  |  |
| Cream Soups | 200/155 | 4 |  |  |  |
| Broth Soups | 180/155 | 4 |  |  |  |
| Strained Soups | 180/155 | 4 |  |  |  |
|  |  |  | 20- |  |  |
| Oatmeal | 180/150 | 4 | Sep | 152.6 | Yes |
| Cream of Wheat | 180/150 | 4 |  |  |  |
|  |  |  | 20- |  |  |
| Coffee | 185/160 | 4 | Sep | 181.2 | Yes |
| Hot Water | 190/160 | 4 |  |  |  |
| Broth | 185/150 | 4 |  |  |  |
| Salad | 40/45 | 4 |  |  |  |
| Sandwich | 39/44 | 4 |  |  |  |
| Salad Dressing | ..... | 4 |  |  |  |
| Canned Fruit/Apple Sauce | 40/45 | 4 |  |  |  |
| Pudding/Custard/Jell-O | 40/45 | 4 |  |  |  |
| Yogurt | 40/45 | 4 |  |  |  |
| Juices/Supplement | 32/35 | 4 |  |  |  |
| Ice Tea | 32/38 | 4 |  |  |  |
| Milk | 32/38 | 4 |  |  |  |
| Frozen Dessert | 2/9 | 4 |  |  |  |
|  |  |  |  |  |  |
| Entrée | 165/150 | 5 |  |  |  |
| Starch | 180/150 | 5 |  |  |  |


| Vegetable | $155 / 140$ | 5 |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Gravy | $170 / 140$ | 5 |  |  |  |
|  |  |  | $21-$ |  |  |
| Eggs,Scrambled | $>155$ | 5 | Sep | 154 | Yes |
| Potatoes | $160 / 150$ | 5 |  |  |  |
| Cream Soups | $200 / 155$ | 5 |  |  |  |
| Broth Soups | $180 / 155$ | 5 |  |  |  |
| Strained Soups | $180 / 155$ | 5 |  |  |  |
| Oatmeal | $180 / 150$ | 5 |  |  |  |
| Cream of Wheat | $180 / 150$ | 5 |  |  |  |
|  | $185 / 160$ | 5 | Sep | 183 | Yes |
| Coffee | $190 / 160$ | 5 |  |  |  |
| Hot Water | $185 / 150$ | 5 |  |  |  |
| Broth | $40 / 45$ | 5 |  |  |  |
| Salad | $39 / 44$ | 5 |  |  |  |
| Sandwich | $\ldots .$. | 5 |  |  |  |
| Salad Dressing | $40 / 45$ | 5 |  |  |  |
| Canned Fruit/Apple Sauce |  |  | $21-$ |  |  |
|  | $40 / 45$ | 5 | Sep | 44 | Yes |
| Pudding/Custard/Jell-O | $40 / 45$ | 5 |  |  |  |
| Yogurt | $32 / 35$ | 5 |  |  |  |
| Juices/Supplement | $32 / 38$ | 5 |  |  |  |
| Ice Tea | $32 / 38$ | 5 |  |  |  |
| Milk | $2 / 9$ | 5 |  |  |  |
| Frozen Dessert |  |  |  |  |  |

Random Sample \#1


## Random Sample \#2



## Random Sample \#3



Random Sample \#4


## Random Sample \#5



